ResMed

The control panel and user interface
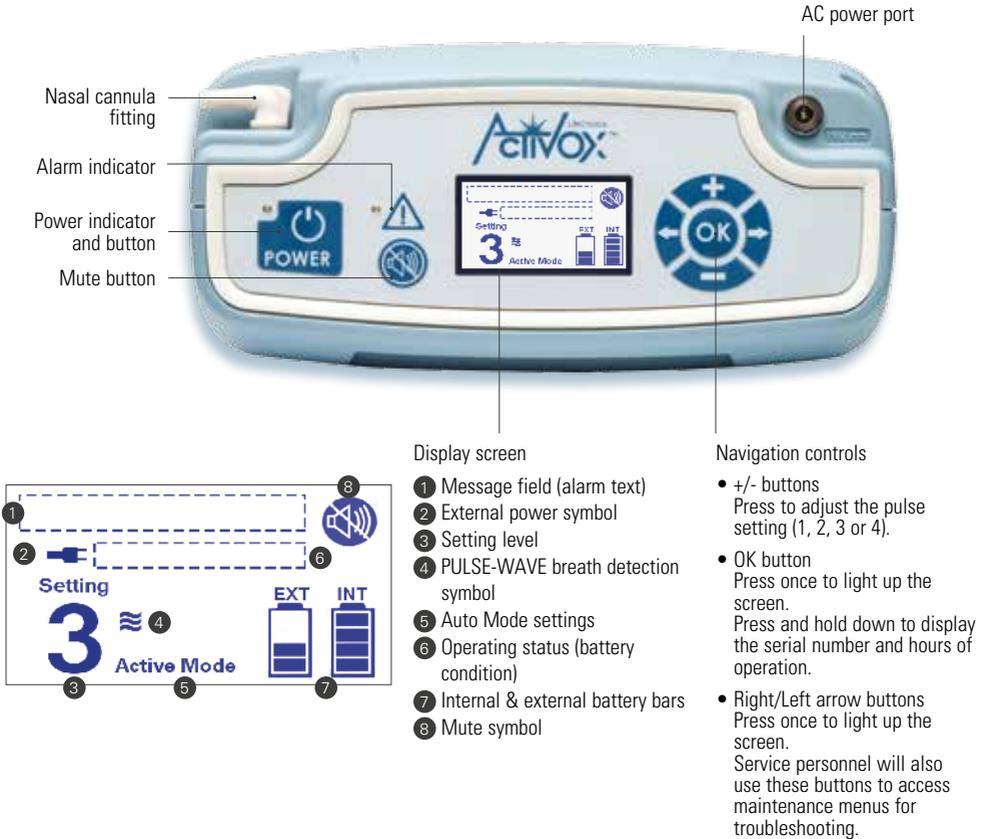
AC power port

Nasal cannula fitting

Alarm indicator

Power indicator and button

Mute button

Display screen

1 Message field (alarm text)
2 External power symbol
3 Setting level
4 PULSE-WAVE breath detection symbol
5 Auto Mode settings
6 Operating status (battery condition)
7 Internal & external battery bars
8 Mute symbol

Navigation controls

- +/- buttons
  Press to adjust the pulse setting (1, 2, 3 or 4).

- OK button
  Press once to light up the screen.
  Press and hold down to display the serial number and hours of operation.

- Right/Left arrow buttons
  Press once to light up the screen.
  Service personnel will also use these buttons to access maintenance menus for troubleshooting.

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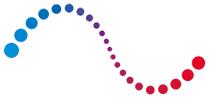
LifeChoice **Activox**™ 4L

Quick set up guide

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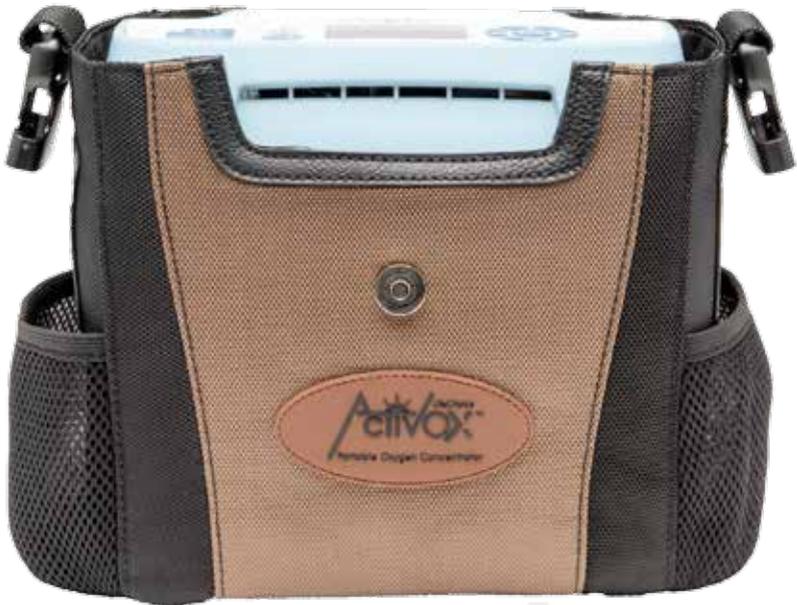
How to charge your POC

Please ensure you fully charge the internal battery before using your device for the first time. If you purchased an external battery, it should also be fully charged before use.

1 To charge the internal battery, connect the AC power supply to the device and plug it into an electrical socket. A plug icon will appear on the display screen to show that your portable oxygen concentrator (POC) is connected to an external power source.

2 To charge the external battery, first connect the AC power supply to an electrical socket (see step 1). Then connect the external battery to the external battery port on the device (the flat side of the external battery cable should be facing upwards).
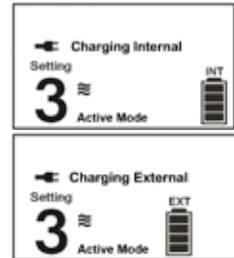
3 A 'Charging Internal' message and the 'INT' battery bar on the display screen show that the internal battery is being charged. The same indicators with 'EXT' mean the external battery is being charged. When the battery is fully charged, the message will disappear from the display and the battery bar will indicate the charge remaining.

Note: It can take **up to 4 hours** to charge a depleted internal battery and **up to 2 hours** to charge a depleted external battery. By design, the system will always charge the internal battery first and then charge the external battery. The system will deplete the external battery first to preserve the internal battery for as long as possible.

Charging tips

- We recommend keeping your device plugged into the mains power supply even when it is not in use and charging the external battery as often as possible. This helps extend the overall life of the rechargeable batteries and only consumes a very small amount of electricity. The batteries will not over-charge.

- Please ensure you test your vehicle's charging capabilities before taking a trip. Some vehicles may not have sufficient power output to the DC power supply* to simultaneously operate and charge the device and/or external battery.

- The fans on your POC will turn on to remove heat that is generated during operation and battery charging.

Setting	1	2	3	4
Internal battery runtime **	10hr 15min	8hr 15min	5hr	4hr
External battery runtime **	4hr 45min	3hr 45min	2hr 45min	2hr 25min
Total runtime **	15hr	12hr	7hr 45min	6hr 25min

*For in-vehicle charging on the go **Hours are approximate and based on breaths per minute.

How to use your POC

1. Turn on your POC by briefly pressing and releasing the power button.The display screen and green power indicator will light up.
Important: do not put the cannula in your nose until the unit is turned on.

2. Press the + or – button to select the pulse setting prescribed by your doctor. The setting number (1-4) will appear on the bottom left-hand corner of the display screen, under 'Setting'.

3. Plug in the nasal cannula then put the cannula prongs into your nostrils and breathe normally. When you take a breath, the device will deliver a gentle dose of oxygen and the PULSE-WAVE™ symbol ≋ will flash on and off.

4. Turn off your POC by pressing and holding the power button until you hear a beep.

Note: You might trigger the **"no breath" alarm** if you remove the nasal cannula while the device is on or breathe through your mouth for an extended period of time. To turn off the alarm, simply reconnect the cannula or breathe through your nose.

Device use and storage

- Your POC must only be used in well ventilated locations. Make sure that the inlets and outlets are not obstructed (e.g. by clothing...).
- Your POC is designed to be operated and stored in its carrying case at all times.
- Your POC and batteries may be damaged if they are exposed to extremes of temperature (e.g. in a parked vehicle). You should also keep your device away from environments with high levels of moisture, dust or sand.