RESMED

Swift™ LT for Her

Nasal Pillows System

Fitting Guide

1

- Holding the pillows at your nose, pull the headgear over your head.
- Headgear should sit midway between the ears and eyes.

2

- Adjust the top straps by pulling them evenly until comfortable.
- Do not overtighten.

3

- Repeat Step 2 with the back straps. The back straps can be positioned over or under the hair.
- Do not overtighten.

4

- Using the rotating barrel, position the nasal pillows at the most suitable angle.

5

- Connect the Swift LT for Her short tube to the device air tubing.
- Swift LT for Her is now fitted and ready for use.

Optional Soft Wraps

- Open up the pair of soft wraps and wrap each one around either side of the headgear, using the fasteners.
- When you wear the headgear, the soft wraps should be positioned on your cheeks, with the fastener on the outer side.

⚠ For details, refer to the *Swift LT for Her Nasal Pillows System User Guide.*

Optional

- For alternate tubing positions, use the tube retainer.

- To attach, push it into the top headgear buckle.
- Clip in either the short tube or device air tubing, depending on flexibility needs.
- The tubing can be positioned to either side of your face or centered.
- If the pillows pull on your nose, adjust the tubing at the tube retainer.

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