Disconnect one headgear clip.

Ensure that forehead support tab is in position 1. Place mask on face and pull headgear over head. Make sure upper straps pass across forehead and lower straps below ears.

Reattach headgear clip to mask frame.

Gently tighten upper headgear straps. The forehead support pads should lightly touch the forehead.

Do not overtighten straps.

Gently tighten lower headgear straps.

Do not overtighten straps.

Connect one end of air tubing to mask swivel and other end to flow generator.

Turn flow generator on.

If air leaks around cushion you may need to make some adjustments. In this case, proceed to step 5.

Loosen upper headgear straps and move forehead support tab to another position (eg, position 2).

Gently tighten upper headgear straps.

Test all four positions of forehead support tab and adjust headgear straps until you achieve a secure and comfortable fit.