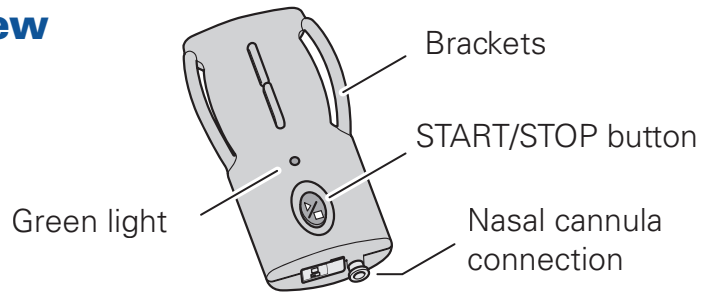


## ApneaLink™ Patient Information

English

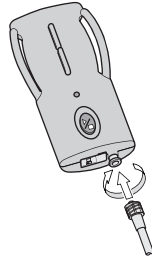
### Overview



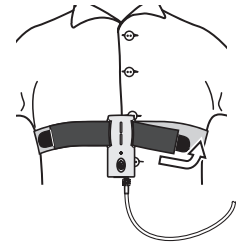
### Get ready

#### Nasal Cannula:

Connect the nasal cannula to ApneaLink as shown.

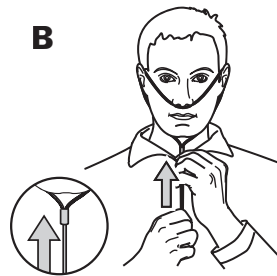
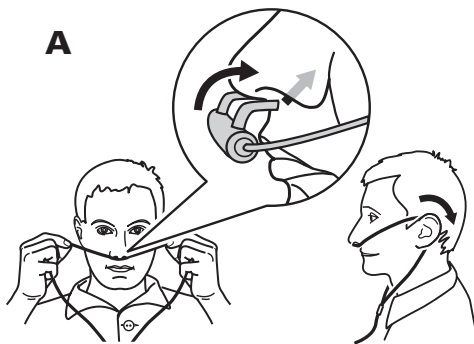


Attach the ApneaLink on the outside of your sleepwear using the adjustable belt as shown.



### Get set

Insert nasal cannula with the 2 prongs curved towards the face (A). Push the toggle to a comfortable position towards the chin (B).



If tape or adhesive pads have been provided place them as indicated to help secure the cannula.

### Go

**START/STOP button:** Press and hold the black START/STOP button until the green light comes on.

After the unit is on the small green light will flash occasionally. The light will dim after 10 minutes but ApneaLink continues to record.

*Do not turn off your ApneaLink during the night.*

### Good morning

**START/STOP button:** Press START/STOP button 3 times in succession to turn ApneaLink **OFF**. The small green light will illuminate and then turn off.

Return ApneaLink and the belt to your provider.